# JACKALOPE

Treatment Menu



STEERING
OVERSTIMULATED
MINDS TO A
BETTER PLACE

## TREATMENTS

	DURATION / MINUTES	PRICE / AUD
MASSAGES		
Essential Relaxation	30 /60 / 90	105 / 180 / 220
Alchemy Elements	60 / 90	210 / 240
Hot Stone	60 / 90	210 / 240
Pregnancy Nourish	60 / 90	210 / 240
FACE TREATS		
Botanical Facial	30 / 60	105 / 180
LED Light Therapy Express Facial	45	140
BODY RITUALS		
Smooth	60	200
Blend	90	260
Babymoon	90	260
Wine	120	335
Polish	150	335
Rejuvenate	150	335
Burrow	180	495
ROOM SERVICE   DIY TREATS		
Milk		59
Pinot		59
Clay		59
Nourish		59
Illuminate		90
Illuminate Mini		25



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### MASSAGES

### ESSENTIAL RELAXATION | 30 / 60 / 90 minutes | Price 105 / 180 / 220

Unwind | Calm | Rest

Ease into your stay with a deeply relaxing full body massage to calm the body & mind. Massage oil nourishes the skin while our therapists' healing hands work to relax, renew & refresh from head to toe.

### ALCHEMY ELEMENTS | 60 / 90 minutes | Price 210 / 240

Herb | Magnesium | Soothe

This ancient technique of the Orient uses rolling compressions with warmed linen bundles containing lavender infused magnesium salts. Gentle, upward movements relieve tired muscles while the micronized sea salts exfoliate to smooth & soften the skin. This treatment combines a full body massage with restoring effluerage strokes to promote a restful, relaxing experience.

### HOT STONE | 60 / 90 minutes | Price 210 / 240

Restorative | Earthing | Therapeutic

Smooth, basalt hot stone therapy combines with relaxing Swedish massage techniques to ease body & mind tensions. Soothing effleurage & deep kneading movements work to restore balance and promote an overall sense of grounding and wellbeing.

### PREGNANCY SKIN NOURISH | 60 / 90 minutes | Price 210 / 240

Sensory | Nourishing | Nurturing

Relieves & relaxes mums-to-be while delivering optimal moisturisation for your skin. The application of a microemulsified massage oil enriched with Geranium and Vitamin E inspires a massage experience to delight the senses and improve skin elasticity while transporting you to a state of peace & tranquillity.

### ADD ON

### HAIR & SCALP TREAT | 15 minutes | \$35

Active botanical hair food mask is applied to your hair, followed by a scalp and neck massage, hot towel wrap.

### PINOT GRAPESKIN FOOT SOAK & SCRUB | 15 minutes | \$35

Pinot grape skin foot immersion, foot scrub and moisturising lotion.

### LED LIGHT THERAPY | 15 minutes | \$49

Treatment with light (phototherapy), clinically proven to improve skin tone, hydration and luminosity, whilst stimulating cell renewal and collagen.

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### BODY RITUALS

### SMOOTH | 60 minutes | \$200

Dry Skin | Body Brush | Promotes Lymph Flow

A dry brushing technique delivers brisk movements to exfoliate the skin & invigorating the senses. Relax into a full body massage & moisturisation. Enjoy further DIY skin rejuvenation with your take-home hessian mitt.

### BLEND | 90 minutes | \$260

Immerse | Relax | Nourish

Warm foot immersion with Hunter Lab's Pinot grape extract exfoliation to refresh your feet and lower legs. Relax into a soothing 45 minute full body massage, finishing with a 30 minute Express Botanical Facial to hydrate & nourish the face neck & decolletage.

### BABYMOON | 90 minutes | \$260

Immerse | Relax | Nurture

Our signature 90 mins of Blend bliss as above, tailored for Mums to be with our "Preggy Pillow" added for comfort during your massage.

### WINE | 120 minutes | \$335

Polish | Rinse | Rejuvenate

Hunter Lab's Pinot grape extract exfoliant will smooth your body's surface and awaken the senses. Rinse in a warm rain shower and finish with a full-body relaxation massage and body moisturizer to rejuvenate.

### POLISH | 150 minutes | Price 335

Silky | Nourishing | Skin Calming

A chamomile & jojoba bead exfoliant will work to soften & smooth the skin. Hot towel removal prepares for a moisturising yoghurt & Vitamin E body wrap. A warm rain shower rinses the body, finishing with a full-body relaxation massage & moisturisation.

### REJUVENATE | 150 minutes | Price 335

Sea Salt Crystals | Reviving | Circulation Boosting

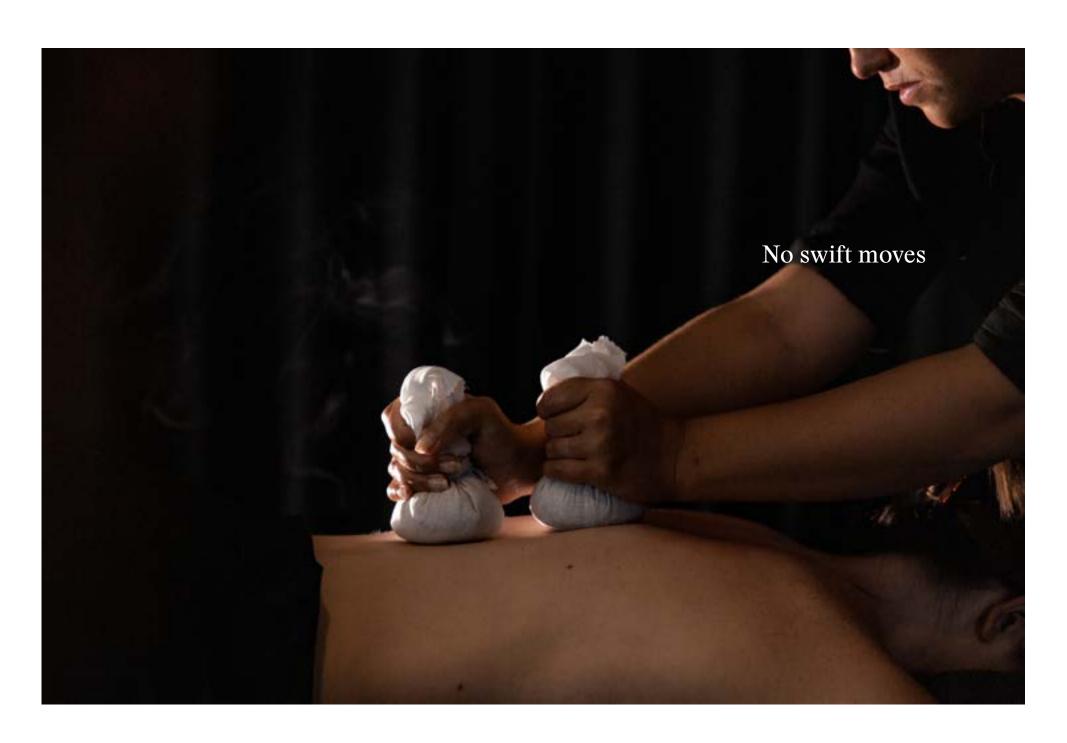
A pure sea salt crystal exfoliant will replenish and re-energise your body. Hot towel removal prepares for a luxurious sea algae body wrap. A warm rain shower rinses the body, finishing with a full-body relaxation massage & moisturisation.

### BURROW | 180 minutes | \$495

Polish | Rinse | Pamper | Face Ritual

Hunter Lab's Pinot grape extract exfoliant will smooth and awaken the senses. Rinse in a warm rain shower and finish with a full-body relaxation massage and body moisturizer. Indulge with a Botanical facial for complete head to toe rejuvenation.

### JACKALOPE



### ROOM SERVICE

Add a little in-room reverie with our DIY room service rituals.

### MILK | \$59

All the ingredients for a blissful bath. Take a dip in an organic milk, magnesium, lavender and rose water soak while you sip on a bottle of estate sparkling wine.

### PINOT | \$59

Designed to nourish, hydrate and condition the skin, this natural exfoliant is crafted with sea salt, antioxidant-rich grape skins, aloe vera, grapeseed and coconut oil. Finish your treatment with a lather of body moisturiser and a bottle of Rare Hare Rosé.

### CLAY | \$59 pp

Let's get personal. Choose from one of three vegan exfoliating salt scrubs: sandalwood and vanilla bean, coconut lime or coffee; and finish with a choice of full body clay masks: Mediterranean chocolate, hydrating white or Australian pink.

### NOURISH | \$59 pp

Under a cleansing rain shower, start with a Tom Dixon shampoo and your choice of an exfoliating salt scrub: sandalwood and vanilla bean, coconut lime or coffee. After, apply an active botanical hair mask, slip into a bath filled with pinot bath salts, and sip on a selection of handmade tea from our kitchen garden or your choice of Rare Hare wine.

### ILLUMINATE | \$90 pp

Everything needed to perform your own Australian botanical facial from the comfort of your private room. Plump and boost with the Exotic Goddess Ageless Serum, purifying Belle Frais Cleansing Milk, Citrus Rhapsody Toner Mist, an illuminating Bloom of Youth Infusion mask and a Vanilla Silk hydrating lotion.

### ILLUMINATE MINI | \$25 pp

An express version of the above, illuminate yourself with purifying Belle Frais Cleansing Milk, Illuminating Bloom of Youth Infusion Mask, Exotic Goddess Ageless Serum and a Vanilla Silk hydrating lotion.

### PRODUCTS

Pevonia's most powerful ingredients come from the safest source... nature. Pevonia uses highly sustainable processes in line with the company's stance on environmental conservation and has been the leader in the cruelty-free skin care movement since its inception 20 years ago, offering Vegan options in both treatments and retail.

Cruelty-free | organic extracts | paraben, lanolin & alcohol-free | no artificial colours or fragrnace | no sodium lauryl sulphate | eco packaging

All face treats are enhanced using Edible Beauty Australia natural skincare.

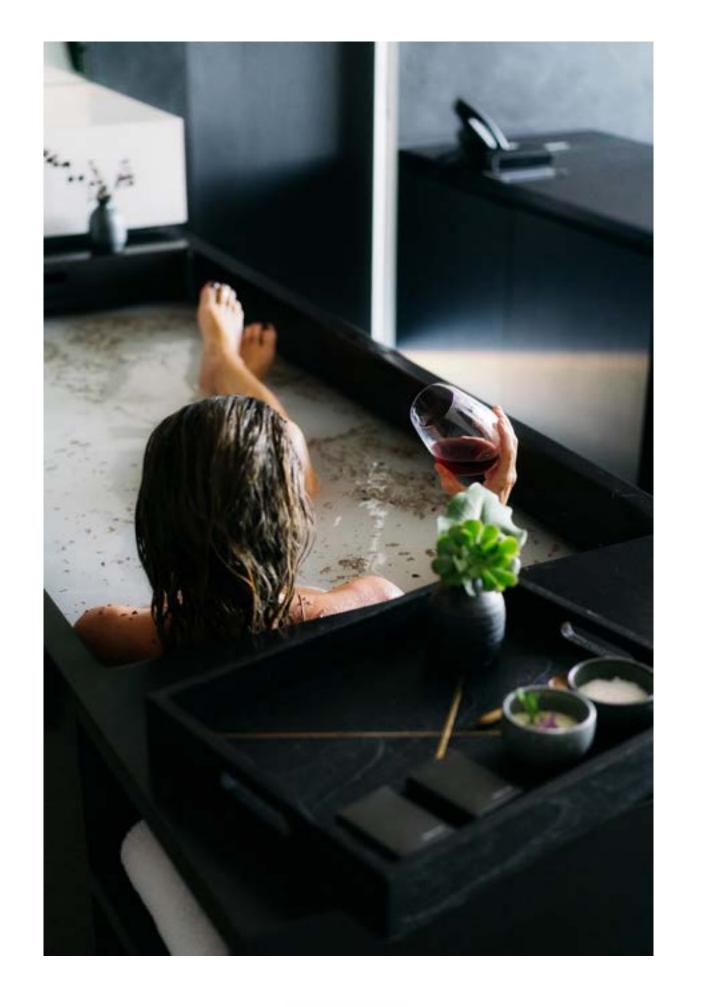
Blending science-backed natural actives with traditional botanicals, for powerful beauty formulas.

Jackalope guests are entitled to a 20% discount when purchasing Edible Beauty products online. Please ask your therapist for more information.









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### ETIQUETTE

#### RESERVATIONS

For enquiries or reservations, please contact (03) 5931 2550 or email relax@jackalopehotels.com. Advanced bookings are essential to secure your preferred treatment time. 15 % surcharge applies on public holidays.

#### **ARRIVAL**

Please arrive at level one waiting area five minutes prior to your treatment, in order to complete your health assessment form and take time to relax before your treatment. If you are a guest at the hotel we recommend arriving in your robe and slippers, that are available in your room. Out of respect for other guests' reservations, please be aware that we are unable to extend your treatment time in case of late arrivals.

### **HEALTH CONSULTATION**

Your wellbeing is very important to us and it is essential that you inform us of any health conditions including asthma or pregnancy when scheduling your appointment. We would like you to relax and immerse yourself in your spa experience. While our therapists make every effort to adjust massage pressure, our relaxation massages are designed to focus on delivering holistic wellness and are not remedial or deep tissue treatments.

#### **VALUABLES**

We regret that we cannot accept responsibility for the loss of personal items, including those left in bathrobes. Please leave your valuables at home or in the safe in your room.

### **CANCELLATIONS**

Please allow 48 hours notice on all treatments, otherwise, the full amount of the treatment price will be charged. If you are experiencing cold/flu/fever symptoms we will be unable to keep your appointment. Please advise our Guest Services staff prior to your appointment, who will make arrangements to waive the cancellation policy in this regard.

#### YOUR TIME AT JACKALOPE

Our pool and pool service is for the exclusive use of in house guests only. In consideration of other guests, smoking and active mobile phones are not permitted in the treatment rooms. Please be aware of the volume of your voice so as not to disturb other guests.

#### AFTER YOUR TREATMENT

We recommend that you do not sunbathe after any massage, facial or body treatment for at least six hours. If you do choose to sunbathe, we recommend the use of SPF 30+. To extend your experience at home, a small range of products are available to purchase in our Lobby. Edible Beauty Australia products are available to purchase online at www. ediblebeautyaustralia.com. Hunter LAB products can be purchased online at www.hunterlab.com.au.

### **PAYMENT**

For hotel guests, all treatments will be charged to your room and will appear on your account at the time of departure. Major debit and credit cards are accepted. All external guests, will be charged at the time of booking.

#### **CHILDREN**

We recommend that you avoid bringing children younger than 12 years old to the treatment rooms. Young guests, 12 to 15 years old, are welcome to enjoy a selection of treatments under the supervision of a guardian.

